

# Diltriz SR 90 Tablet

**Brand Name:** Diltriz SR 90 Tablet

**Dosage Form:** Sustained Release Tablet

**Composition:**

Each sustained-release tablet contains:

- Diltiazem Hydrochloride IP 90 mg
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**Description:**

Diltriz SR 90 Tablet contains Diltiazem, a calcium channel blocker indicated for the management of hypertension, angina pectoris, and certain cardiac rhythm disorders. The sustained-release formulation provides prolonged therapeutic action for better cardiovascular control. It helps in lowering blood pressure, improving coronary blood flow, and reducing myocardial oxygen demand.

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**Indications:**

Indicated for the treatment of:

- Hypertension
- Chronic stable angina
- Vasospastic angina
- Certain supraventricular arrhythmias

It helps in maintaining cardiovascular stability and reducing the frequency of anginal symptoms.

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**Dosage & Administration:**

Dosage should be as directed by the physician.

The tablet should be swallowed whole with water and should not be crushed or chewed.

Regular administration at the same time daily is recommended for optimal results.

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**Pharmacological Action:**

- Diltiazem blocks calcium ion entry into cardiac and vascular smooth muscle cells.
- It causes vasodilation of coronary and peripheral arteries, reducing blood pressure and myocardial oxygen demand.
- It also slows atrioventricular nodal conduction and helps control certain cardiac arrhythmias.

These actions contribute to improved cardiac efficiency and symptom control.

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**Side Effects:**

Common side effects include headache, dizziness, flushing, nausea, edema, and fatigue.

Rarely, bradycardia, hypotension, or hypersensitivity reactions may occur.

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**Precautions & Warnings:**

- Use with caution in patients with heart failure, hypotension, or conduction abnormalities
- Monitor blood pressure and heart rate regularly
- Dose adjustment may be required in hepatic impairment
- Avoid abrupt discontinuation without physician guidance

- Use during pregnancy and lactation only if clearly indicated
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**Drug Interactions:**

**May interact with beta-blockers, digoxin, antihypertensive agents, and CYP3A4 inhibitors. Concurrent use with other cardiac depressants may increase the risk of hypotension or bradycardia.**

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**Storage:**

**Store below 25°C in a cool, dry place.**

**Protect from light and moisture.**

**Keep out of reach of children.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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